The Leaders Foundation: Five Whys

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One simple reflection a leader can do borrows from the world of quality improvement: *The Five Whys,* an iterative interrogation technique. A leader may engage in this exploration for several reasons:

- To be clear on the values and beliefs they hold (their "whys");
- To realize the impact those "whys" have on the work they do; and
- How those "whys" shape their worldviews.

The Five Whys reflection is a springboard for exploring mental models and a way to step into being part of a learning organization.

Response	Digging Deeper for Purpose	What values and beliefs do you notice?
The reason this results work is important is….	This is important…	
Because…(e.g., I can make things better; lives are at stake; this is my calling, etc.)	And why is this important	
…Because	And why is this important	
…Because	And why is this important	